

Dance Bag for Class (3-4 Hours)

Item	Packed? Y or N	Notes
Shoes (all types)		Pack the appropriate shoes for your schedule
Hair Brush		It's best to find travel size versions of these
Bobby Pins		
Hair Ties		
Hair Spray		
Deodorant		
Snacks		
Electrolyte Packet		A must, in case muscle fatigue sets in
Reusable Water Bottle		Be a friend to the environment
Sewing Kit		In case your pointe shoes elastics/ribbons break
Feminine Supplies		Because life isn't always fair
Skirt		Mainly applicable for bun heads
Hand Sanitizer		An obvious must
Disinfectant Wipes		You can use these to wipe the barre before and after class
Notebook & Pen		To record all the new things you learn
Knee Pads		These are great for classes involving floorwork, especially hip hop and contemporary
Theraband		Doesn't take much space and is a great tool to warm up or stretch
Headshot & Resume		For commercial dancers, in case a choreographer asks for them after class! (Pro Tip: Always just keep these in a folder in your dance bag)
First Aid Kit (Travel Size)		This should have your basics, from BandAids to over-the-counter painkillers